Deepak – prosinec 2016

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My dear some away and family.

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Leartheaufig

How loving child

26.11.2016

This is translated letter of your sponsored child

My dear Sona Aunty and family,

Christmas greetings to you all dear I am back to you though this letter with few new things. I thank you very much for the letter. I am happy seeing that you are very much interested to know about me. My training completes in the year 2018. After completing my training I decided to do the job. My brother Yogesh is studying in 1s P.U.C commerce 11sh grade, another brother Prashanth is studying in 9sh grade. Yes they wish to do graduation, now I don't have holiday till I complete my training. It's nice to see and hear about your country. Thank you for the birthday wishes. I am glad receiving it. I seek your blessings too know is all about me.

When I completed 10th standard then I took LT.I course and in this I selected COPA course. I didn't have much interest to study this course. This course belongs to computer operating so had bit difficult to study. I finished this course on 2015to2016. After finishing I had taken LT.I course once again in this I took Fitter course. Now I am happy I like this course I am studying well.

I am very happy and I have interest to this course. 3 lecturers are taking classes for us. I have theory, Drawing, Calculation and Science practical subjects to study. Our lecturers are guiding us nicely. I don't have holidays for this year so we are unhappy for this. Still we did not finished exams so I am preparing for exams. Our lectures taught us and also shown that to use the calliper, divider, punch, hammer, files, and bunch vice, chisel and many other equipments.

In the month of November we had celebrated Deepavali festival. This is Hindus festival and this is the festival of light. In this festival we were giving most importance to "Tulasi".

In our college the lecturers gave speech and also information about environment cleanliness. After that we cleaned surrounding in our college. They also informed disadvantage in human health and also air pollution of using plastic.

On behalf of you I have received Deepavali gift from the centre. I thank you and for the centre. I wish you Happy Deepavali and Happy Christmas. I end my letter here.

Thank you

Deepak.

Your loving child,

Name of the child Child's Code

Naik Deepak 19086

: Wojnarova Sona – Zs Dobris : 22577 Sponsor's Name Sponsor's Code



Dopis z centra

MID-TERM VACATION CAMPS were held in 12 primary schools and 3 parishes under the title 'lighting lives unitedly'. A total of 457 children were present and the 7 resource persons were our 'lighting lives unitedly'. A total of 457 children we trained beneficiary students.

VISIT OF GIRL SCOUTS TROOP FROM BELGIUM: As an exposure programme, a troop of Girl Scouts from Belgium were at the Centre from 1st July to 9th July. They had the opportunity to interact with the school children in rural areas, interact with the scouts of rural and urban areas, assist in medical health check up camps, interact with the instances of Premdham psychiatry department - St Ignatus Hospital, Orphan children of Maria Vianney Home and witness the cultural life of rural India. Also, they were introduced to some of the challenges faced in rural areas. The troop spent their time dilligentity, gaining vast learning experiences and am sure have fond memories to cherish! We so appreciate their desire and goodwill to make this world a better place.

SANJEEVINI - THE KNOWLEDGE BOOK: continues in its endeavour to give a boost to children's literary tolent and increase their knowledge. The Sanjeevini Children's Committee consists of 32 members and subscription of 1000 readers. The subscribers are children from rural communities. Monthly issues from May to November containing informative articles on health issues, current news, drawings, puzzles, General knowledge have been published and distributed. Likewise, a workshop was held for children to train and improve their writing skills.

BHARAT SEVAK SAMA I (B.S.S.) COMMUNITY COLLEGE offers alternative learning skills for the rural youth (female) particularly the school drop outs and the higher secondary pass outs. 63 students are enrolled for different courses for the academic year 2016-17.

Minds enlightened with wisdom and knowledge, children, youth are marching forward towards a stronger future. Their personalities transformed they are today beacons of light for those who have none. There is a new beginning for women who had otherwise lost their way, the Self Help Groups giving them power to live worthy lives. Health has been brought into families with free mobile health comps in the villages. Today children are free, happy and healthy due to your one sacrifice to support this Centre. Thank you.

Dear friend, today as all of us as one family from near and far celebrate this awesome the birth of our Lord, we couldn't but feel priviledged to have you as a pillar of strength in this family for being the beacon and channel of hope to your supported child. May this Christmas bring to you the spark of the magical love that our Saviour manifested to us and fill you with all grace and riches in His glory. Your love a reflection of the spirit of the season will be remembered forever. As the tiny Lord graces His humble dwelling in majesty and grace, filling the night with the glitter of star light so have you lighted up the life of your supported child giving him/her a reason to cheer, to smile! You make this Christmas so much more meaningful for him/her and for us.

God bless you and Thank you.

With wishes of grafitude and love,

Sr Maria Goretti SRA



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ST. IGNATIUS HEALTH AND EDUCATION CENTRE PRABHAT NAGAR, HONAVAR - 581 334, KARNATAKA, INDIA



the lights of Christmas, the joy over the birth of a little King, is magnified by the warmth that we feel in writing to you yet again of love and cheer.

Your love reaching out to us in a far away land, our gratitude goes out to you amid the singing of ministrels and the symphony of the many jubillant voices. There is hope and thrill in the air as we say to you Merry Christmas & Hoppy New YearII You are remembered with gratifude as your supported child steps into a brand new dawn of a New Year and rejoices with you with warm wishes going up in the overflowing of

At this juncture, I would like to add a short reflection on 'love for neighbor' in the own words of St Mother leresa... I will tell you a story. One night a man came to our house and told me. "Those is a familiar with the standard of the At mis pincture, I would like to add a short reflection on 'love for neighbor' in the own words of \$1 Mohter feresa... I' will fell you a story. One night a man came to our house and told me, "There is a family with eight children. They have not eaten for days. I took some food with me and went. When I came to that family, I saw the faces of those little children disfigured by hunger. There was no sorrow or sadness in their faces, just the deep pain of hunger. I gave rice to the mother. She divided the rice in two, and went out, carrying half the rice. When the came back, I asked her, "Where did you go?" She gave me this simple answer, "To my reciphors; they are hungry after!" I was not surprised that the gave-poor people are really very generous. I was surprised that she knew they were hungry. As a rule, when we are suffering, we are so focused on ourselves; we have no time for others.' - Soint Teresa of Colcutta

ve story flashed to my mind as I sought to add a befitting anecdote for my Christmas letter! The spirit of Christmas calls us to be sensitive to the needs of others, reach out in love and to be signs of hope just like St Mother Teresa and the poor woman in this story. Christmas is the celebration of hope and in hope, let us all resolve to become the harbingers of *Peace*, Love & Joy.

This Christmas we remember the night of hope and grace when a great gift was given to mankind ... a great sacrifice, the love of God shown in a matchless way... the giving of His beloved Son. As we do so we also esteem your benevolence, gracious and benign in giving to your supported child your love and your trust. Your deed has brightness this, her days with hope and joy and all good things. As the simple joys of this magical time fill the air to be sure there is a wave of expectancy and your thoughts dwell on your supported child.

With the warmth of a glowing Christmas your supported child steps into the New Year with new dreams, new goals and a new found strength all set to conquer new peaks with a brand new world before him/her. Your selflessness and sacrifice couldn't mean more to him/her than on these special moments. Thank Youl Your child has received the overflowing of your bounty, your Christmas gift adding to the cheer in his/her life. Merry Christmas to you as you brighten your child's season with your faith and love!

The Centre as you have known is reaching out to many precious lives around the region. Lives are being changed perhaps forever with stregnth and hope filling every heart in need. The activities carried out from June - November are:

CHILDREN SUPPORTED UNDER CHILD SPONSORSHIP PROGRAMME:

Arcidiecézní Charita Praha = 694 Slovenska Katolicka Charita = 160 The Joy Sowers = 137 Goretti Stichting = 38

EFFECTIVE STUDY PLAN FOR 10TH GRADE STUDENTS: 25 students of 10th grade attended the session on

PHASE I - CLUSTER LEVEL PARENTS AND BENEFICIARIES MEETING - Motivation For Developing Leadership Skills & Appraisal, cluster level meetings were held in 11 clusters in 28 villages. 390 children & 376 parents

CHILDREN'S COMMITTEE MEETING (College Leaders):

PHASE I: 53 students assumed role of leaders to collaborate and implement the activities in the villages

PHASE II: The second session was held at the Centre. 95 leaders attended this workshop that focused on appreciating leaders for their achievement in village level activities. PARENT'S COMMITTEE MEETING: 54 adults came forward to represent the parents and support the centre

to carry out programmes in the villages.

WORKSHOP FOR COLLEGE AND COURSE STUDENTS: 355 students were helped to develop a skillful ality. The workshop culminated with the distribution of fee to the stu

INSTITUTION VISITS: Visits to the institutions were carried out by the Village Animators to appraise students'

VISIT TO THE FAMILIES: The village animators carried out house visits of 37 beneficiaries for building good rt and review. The school dropouts beneficiaries were motivated to enroll for vocational cou

AROGYA RAKSHA HEALTH INSURANCE: Under this scheme, our beneficiaries & their families have occess to low cost health care at the hospital. A total of 497 members have enrolled under the Health Scheme 45 inpatients and 175 outpatients (June to November) have received the benefits of health insurance.

STAFF APPRAISAL: Review meetings are held at frequent intervals to plan, assess, and follow up of the

DEEPAVALI CELEBRATION: were carried out in 12 areas, focusing on the message: Light - Knowledge, Un & Way of Life. Children & parents presented their talents through Yakshagana, competitions, Prepari Akashagudu (Lanterns) & Stars.

SEEF HEIP GROUPS - EVENTS OF SHGs: One new group has been formed and the total number of SHG's is 36. The 36 SHGs conducted monthly meetings, collected monthly savings, repaid loan. To raise environmental awareness, 9 groups organized Environment Day in Schools. In June, prepared yearly planner for SHG, July - awareness on importance of Environment protection, Cardiac Problems and Prevention, September - Importance of saving water resources, Awareness on Malaria, viral fever, Unity, October - Encouragement for organizing Deepavali Programme. Average 398 women are regular for

CLUSTER LEVEL SHG MEETING - PHASE I: This was aimed to evaluate the activities of 3 months, to raise awareness on harmful health effects of tobacco consumption and to motivate people to seek treatment. These awareness programmes were held in 8 clusters. 31 SHGs participated in it. Female addiction to tobacco is on the rise in villages and hence this information was quite handy for the Members to take initiative to curb the habit.

PREPARATION FOR GREEN INDIA - VANAMAHOTSAVA: 65 members from 6 SHGs organized Vanamahotsava programme in 4 Higher Primary Schools. They planted flowering plants, vegetables & fruit plants. Children and women of SHG's were educated in promoting environmental awareness in their own communities by being environmental stewards

PAPAD MAKING - 5 Self Help Group members are engaged in preparing papads and are on the path of becoming financially independent

COMMUNITY OUTREACH PROGRAMME

HEALTH AWARENESS PROGRAMME: was held at Shree Chennakeshava High School Health on the topic 'Personal hygiene'. 270 students and 9 teachers attended the session

This was followed by the session on Value Education, Health & Hygiene at Higher Primary School Prabhatnagar. 110 students participated in it.

From June to September 40 Awareness Programmes have been organized in 23 villages of Hono with people being educated on Health related topics such as piles, breast cancer, diabetes, He addiction, etc.

-FREE HEALTH CHECK UP CAMPS: 13 health check up camps were conducted. Dr. Santosh K. - Surgeon, Dr. Kenneth C. - General Physician, Dr. Surill M. - ENT Specialist, Physiotherapist Dr. Ajay Varma and Dr. Mario were the resource persons. A total of 1298 people have received benefits of free health checkup, medicine and concession cards. 700 Patients have come for follow up at 5t. Ignatius Hospital.

MID - TERM VACATION CAMP - TRAINING PROGRAMMME: "Then beneficiory Today Village level resource Person" - 7 of our Child Spansorably beneficiars were given an opportunity to unearth their leadership potentials and act as resource persons for the vacation camps for primary school children and for that reason a training programme was held at the Centre for the selected students, 4 village animators and 8 staff."